

# Deep Cleaning



## BEDROOM CHECKLIST

DATE: \_\_\_\_\_

№	ACTIVITIES	<input checked="" type="checkbox"/>
1	GATHER ALL OF YOUR SUPPLIES, I.E., VACUUM, CLOTHES, CLEANERS, BROOM, MOP	<input type="checkbox"/>
2	GRAB SOME TRASH BAGS	<input type="checkbox"/>
3	PILE EVERYTHING FROM THE FLOOR ONTO THE BED	<input type="checkbox"/>
4	PILE EVERYTHING FROM YOUR NIGHT STANDS, DESKS, AND TABLES ONTO THE BED	<input type="checkbox"/>
5	DUST EVERYTHING, INCLUDING THE CEILING, WALLS, FURNITURE, WINDOW SILLS, ETC.	<input type="checkbox"/>
6	VACUUM OR SWEEP AND MOP YOUR FLOOR	<input type="checkbox"/>
7	WASH AND DISINFECT WINDOWS, MIRRORS, NIGHT STANDS, TABLES, DOORS, ETC.	<input type="checkbox"/>
8	THROW AWAY STUFF YOU NO LONGER USE, CAN'T DONATE, OR IS BROKEN	<input type="checkbox"/>
9	SORT THE STUFF ON THE BED AND PUT IT AWAY	<input type="checkbox"/>
10	STRIP THE MATTRESS AND SANITIZE IT	<input type="checkbox"/>
11	ROTATE YOUR MATTRESS AND REMAKE IT WITH CLEAN BEDDING	<input type="checkbox"/>
12	EMPTY THE ENTIRE CLOSET AND PUT IT ON THE BED	<input type="checkbox"/>
13	SORT YOUR CLOTHES INTO THREE PILES - KEEP, DONATE, AND THROW OUT	<input type="checkbox"/>
14	CLEAN THE CLOSET DRAWERS AND THE HANGERS	<input type="checkbox"/>
15	ORGANIZE AND RETURN CLOTHING TO THE CLOSET	<input type="checkbox"/>